# On the Strategies for Disaggregating Between-Person Time Slope Effects from Within-Person Effects in Longitudinal Data

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Slides available at: <a href="https://www.lesahoffman.com/Workshops/index.html">https://www.lesahoffman.com/Workshops/index.html</a>

- Sampling multiple persons over multiple occasions creates at least **two distinct levels of analysis**:
- Between-person variation IN means over time
  - Are people higher on predictor x than other people also higher on outcome y than other people?
  - > "Level-2" or "macro-level" relation among person means
- Within-person variation AROUND means over time
  - When a person is higher on predictor x than usual, are they also higher on outcome y than usual?
  - "Level-1" or "micro-level" relation among mean deviations
  - But what about within-person change over time?

- Presence of within-person (WP) change over time requires new vocabulary and new modeling strategies
- e.g., **Long-term relations** of health (x) with cognition (y) in which there are WP effects of time in each variable
  - People who are healthier (than other people at time 0) may have better cognition → BP relation of intercepts (not "means")
  - People whose health declines less over time (than other people) may decline less in cognition → BP relation of WP time slopes
  - When a person feels relatively better (than predicted by their time trend), they may then also have relatively better cognition
    - WP relation of time-specific residuals (whose extent can differ BP as well)
    - Feel better *next time* instead? <u>WP "lagged" relation</u> (that can differ BP)

- "Change over time" includes ALL kinds of time trends, each of which can also show between-person (BP) variation
- e.g., **Short-term relations** of health (x) with bad mood (y)
  - People who tend to be less healthy (than other people) may tend to be grumpier than other people → BP relation of means
  - When people feel worse (than usual), they may also be grumpier (than usual) → WP relation of mean deviations
- How about a Monday effect\*? It needs a WP slope, too!
  - If some people are more adversely affected by Mondays (than other people), then that <u>WP Monday slope can have BP variation!</u>
  - People who feel relatively worse on Mondays (than other people) may also be grumpier on Mondays\* → BP relation of time slopes

- No matter the time scale, <u>any variable measured over time</u> has the potential for **three distinct sources of variation**:
  - > **BP** in some measure of overall level (mean or intercept)
  - > **BP** differences in WP slopes for time and time-varying predictors
  - > **WP** time-specific deviations from BP-predicted trajectory
- In theory each source can relate to those of other variables, but common practice has two common problems:
  - > Time-varying "outcomes" are treated differently than "predictors"
  - > "Time" may not be considered as sufficiently in short-term studies
- Result? Missing BP time slope relations will create bias!
  - > Today's demo: In WP slope main effects and lagged effects

#### **Presentation Overview**

- Introduce simulation: data generation and manipulations
- Show recovery results across different types of longitudinal models for distinguishing BP and WP sources of variance
  - > Try to link ideas, buzz words, diagrams, and equations to show what each type of model can or cannot do (well), including:
    - Univariate models with observed predictors—using personmean-centered, baseline-centered, or time-detrended predictors
    - Multivariate models with latent predictors—requiring single-level or multilevel structural equation models with "latent" change factors
    - Auto-regressive cross-lag panel models for lagged effects
- Consider best practice in light of real-data complications
  - > e.g., Unbalanced occasions, small samples, model complexity

#### **Simulation Data Generation**

• 2 variables (x and y) with no missing data for 100 persons (Level 2; i) over 5 occasions (Level 1; t), indexed as time = (0,1,2,3,4)\*

	Unconditional Model for Change		Variances
Level 1 Occasions:	$x_{tix} = \beta_{0ix} + \beta_{1ix}(Time_{tix}) + e_{tix}$ $y_{tiy} = \beta_{0iy} + \beta_{1iy}(Time_{tiy}) + e_{tiy}$		
Level 2 Intercepts:	$\beta_{0ix} = \gamma_{00x} + U_{0ix}$ $\beta_{0iy} = \gamma_{00y} + U_{0iy}$	$\gamma_{00x} = 0$ $\gamma_{00y} = 0$	$ \tau_{U_{0x}}^2 = .60 $ $ \tau_{U_{0y}}^2 = .60 $
Level 2 Time Slopes:	$\beta_{1ix} = \gamma_{10x} + U_{1ix}$ $\beta_{1iy} = \gamma_{10y} + U_{1iy}$	$\gamma_{10x} = ?$ $\gamma_{10y} = ?$	

- Total variance set = 1 at time = 0, so that:
  - $\rightarrow$  Conditional ICC = .60  $\rightarrow$  Intercept variance for  $U_{0ix}$  and  $U_{0iy}$
  - > Slope Reliability = .60  $\rightarrow$  Time slope variance for  $U_{1ix}$  and  $U_{1iy}$

# **Simulation Manipulations**

- Fixed time effects ( $\gamma_{10}$  absent or present) collapsed here
  - $\succ$  Didn't matter because  $time_{ti}$  was always a predictor of  $y_{ti}$
- Key manipulation: match across 3 types of relationships
- Level-2 random effects ( $U_{0ix}$ ,  $U_{0iy}$ ,  $U_{1ix}$ ,  $U_{1iy}$ ) drawn from a multivariate normal distribution with 4 conditions:
  - > Intercept correlations:  $r(U_{0ix}, U_{0iy}) = 0 \text{ or } .3$
  - > Time slope correlations:  $r(U_{1ix}, U_{1iy}) = 0 \text{ or } .3$
  - $\rightarrow$  All other Intercept–Time slope pairs of correlations = 0
- Level-1 **residuals** drawn from a separate multivariate normal distribution with 2 conditions:  $r(e_{tix}, e_{tiy}) = 0$  or . 3

# 2 Longitudinal Modeling Families

- Univariate models: predict  $y_{ti}$  from observed  $x_{ti}$  predictors
  - > aka, Multilevel models (MLMs) using person-mean-centered, baseline-centered, or detrended-residual predictors
  - Estimated in any software with mixed effects (e.g., MIXED in SAS, SPSS, or STATA; LME4 or NLME in R environment)
- Multivariate models: predict both  $y_{ti}$  and  $x_{ti}$  as **outcomes** 
  - $\triangleright$  But  $x_{ti}$  can't predict  $y_{ti}$  in univariate mixed-effects software, so...
  - > Can be specified as a single-level structural equation model (SEM)
    - e.g., "Multivariate latent growth curve models" (with or without "structured residuals"); "auto-regressive cross-lag panel models"
  - Can also be specified as a "multilevel SEM" (= multivariate MLM)
    - I will use ML estimation; Mplus "latent predictor centering" and lagged effects within "dynamic multilevel SEM" require Bayes MCMC instead

#### Unconditional Time Model for $y_{ti}$ : 3 Ways

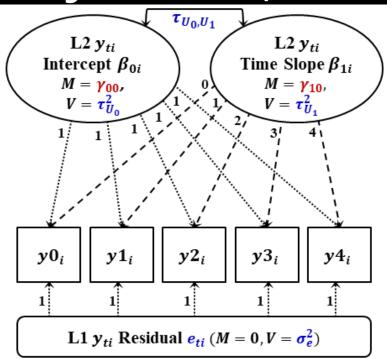
#### **Unconditional Time Univariate Multilevel Model (long data)**

**L1:** 
$$y_{ti} = \beta_{0i} + \beta_{1i}(Time_{ti}) + e_{ti}$$

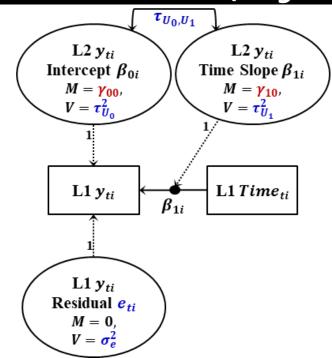
L2 Intercept:  $\beta_{0i} = \gamma_{00} + U_{0i}$ 

L2 Time Slope:  $\beta_{1i} = \gamma_{10} + U_{1i}$ 

#### As Single-Level SEM\* (wide data)



#### As Multilevel SEM\* (long data)



\* MLM = SEM because random effects = latent variables!

# Naïve Addition of Time-Varying $x_{ti}$

# Univariate MLM: TV $x_{ti}$ has a Smushed Effect (aka conflated, convergence, composite effect)

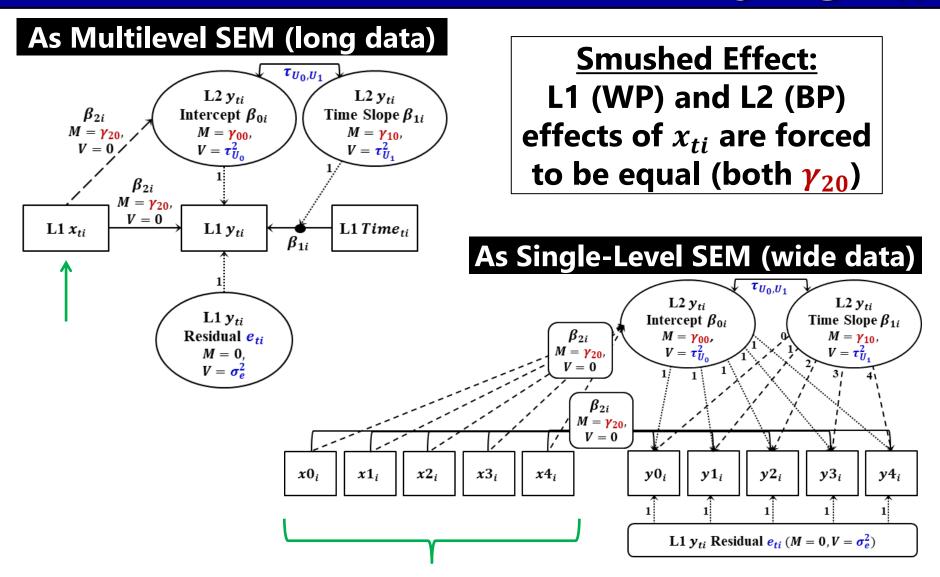
L1: 
$$y_{ti} = \beta_{0i} + \beta_{1i}(Time_{ti}) + e_{ti} + \beta_{2i}(x_{ti})$$

L2 Intercept:  $\beta_{0i} = \gamma_{00} + U_{0i}$ L2 Time Slope:  $\beta_{1i} = \gamma_{10} + U_{1i}$ 

L2  $x_{ti}$  Slope:  $\beta_{2i} = \gamma_{20}$ 

- Model is **bad news** if the L1 predictor has L2 variance (i.e., people differ in their mean of  $x_{ti}$  over time)
  - $\triangleright$  Could also be true for the L1  $time_{ti}$  predictor! (but not here)
- Forces level-1 (WP) and level-2 (BP)  $x_{ti}$  effects to be equal, which is unlikely to be true, especially in longitudinal data!
- A predictor for  $x_{ti}$  is needed at any level it has variability

# Naïve Addition of Time-Varying $x_{ti}$



# Unsmushing the Effects of L1 $x_{ti}$

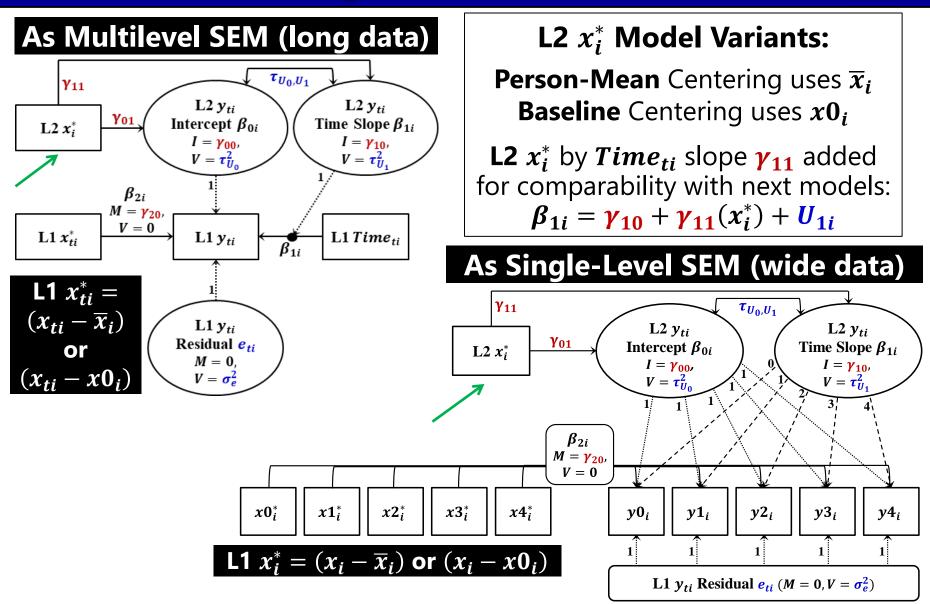
#### Univariate MLMs to Distinguish L2 BP and L1 WP Effects of $x_{\rm ti}$

L1: 
$$y_{ti} = \beta_{0i} + \beta_{1i}(Time_{ti}) + e_{ti}$$
 L2 Time Slope:  $\beta_{1i} = \gamma_{10} + U_{1i}$  L2  $x_{ti}$  Slope:  $\beta_{2i} = \gamma_{20}$ 

Person-Mean  $+\beta_{2i}(x_{ti} - \overline{x}_i)$  L2 Int:  $\beta_{0i} = \gamma_{00} + \gamma_{01}(\overline{x}_i) + U_{0i}$  (PM) Centering:  $+\beta_{2i}(x_{ti} - x_{0i})$  L2 Int:  $\beta_{0i} = \gamma_{00} + \gamma_{01}(x_{0i}) + U_{0i}$  (BL) Centering:

- Either way, should be: L1  $\gamma_{20} \rightarrow WP$  effect; L2  $\gamma_{01} \rightarrow BP$  effect
- L2 PM  $(\bar{x}_i)$  uses all occasions so L1 errors should cancel...
  - $\rightarrow$  ...But timing is off:  $x_{ti}$  L2 average predicts  $y_{ti}$  L2 intercept for time 0
- L2 BL  $(x0_i)$  matches timing to create L2 relation at time 0...
  - $\rightarrow$  ...But still contains L1 error (is actual  $x0_i$ , not predicted  $x_{ti}$  at time 0)

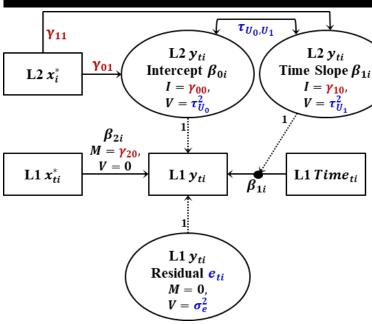
# Unsmushing the Effects of L1 $x_{ti}$



#### **Simulation Results: Univ MLMs**

- How well did centering with the person mean  $(\bar{x}_i)$  or baseline  $(x0_i)$  recover the 3 relations of  $x_{ti}$  with  $y_{ti}$ ?
  - > L2  $x_i^*$  by  $Time_{ti}$  slope  $\gamma_{11} = 0$
  - 1. L2 time slope missing (so  $\approx$  0)
  - 2. L2 intercept  $\rightarrow$  L2  $x_i^*$  slope  $\gamma_{01}$
  - 3. L1 residual  $\rightarrow$  L1  $x_{ti}^*$  slope  $\gamma_{20}$

#### As Multilevel SEM



L2 
$$x_i^* = \overline{x}_i$$
 or  $x0_i$   
L1  $x_{ti}^* = (x_{ti} - \overline{x}_i)$   
or  $(x_{ti} - x0_i)$ 

#### **As Univariate MLM**

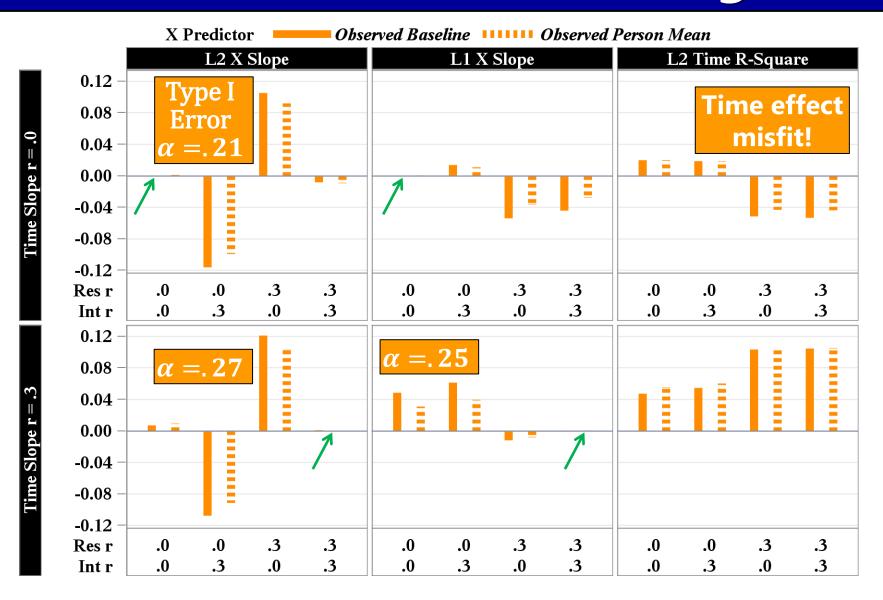
**L1:** 
$$y_{ti} = \beta_{0i} + \beta_{1i}(Time_{ti}) + \beta_{2i}(x_{ti}^*) + e_{ti}$$

**L2 Intercept:** 
$$\beta_{0i} = \gamma_{00} + \gamma_{01}(x_i^*) + U_{0i}$$

L2 Time: 
$$\beta_{1i} = \gamma_{10} + \gamma_{11}(x_i^*) + U_{1i}$$

L2 
$$x_{ti}$$
 Slope:  $\beta_{2i} = \gamma_{20}$ 

# **Univ Results: Time-Smushing Bias!**



# Fixing Level-1 Bias... Univariately

- "Detrended residuals" is a strategy designed to remove time-related variance from the level-1  $x_{ti}$  predictor
- Is a two-stage approach also known as "slopes-as-outcomes":
  - > Fit **separate regression model** to each person's data
  - > Save time-specific  $x_{ti}$  residuals to use as level-1  $x_{ti}^*$
  - > Save fixed intercept at time = 0 to use as level-2  $x_i^*$

#### **As Univariate MLM**

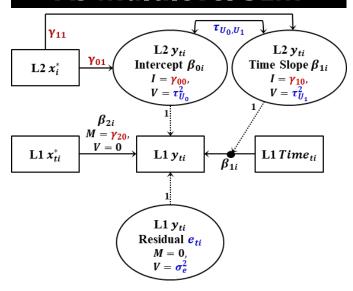
**L1:** 
$$y_{ti} = \beta_{0i} + \beta_{1i}(Time_{ti}) + \beta_{2i}(x_{ti}^*) + e_{ti}$$

**L2 Intercept:** 
$$\beta_{0i} = \gamma_{00} + \gamma_{01}(x_i^*) + U_{0i}$$

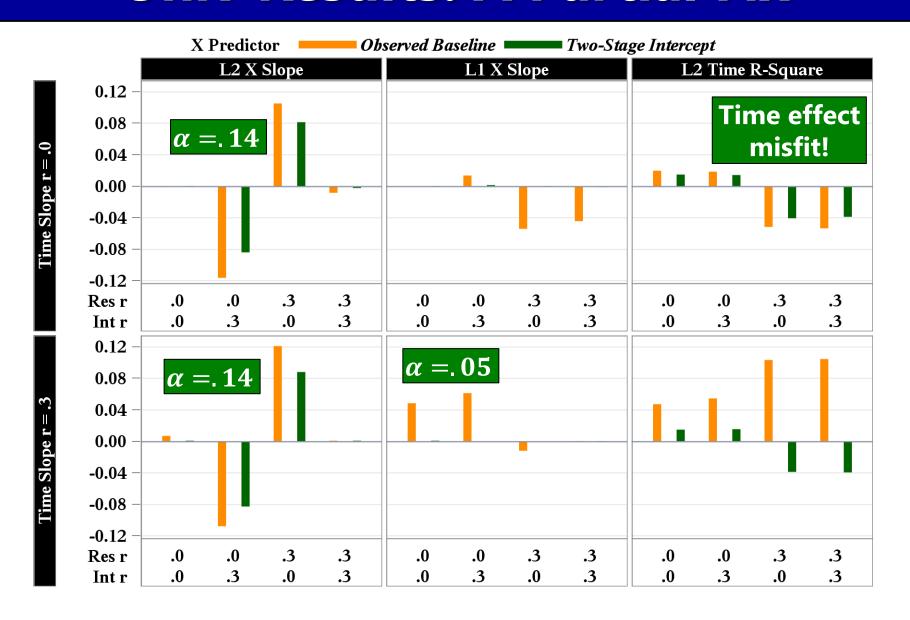
L2 Time: 
$$\beta_{1i} = \gamma_{10} + \gamma_{11}(x_i^*) + U_{1i}$$

L2 
$$x_{ti}$$
 Slope:  $\beta_{2i} = \gamma_{20}$ 

#### As Multilevel SEM

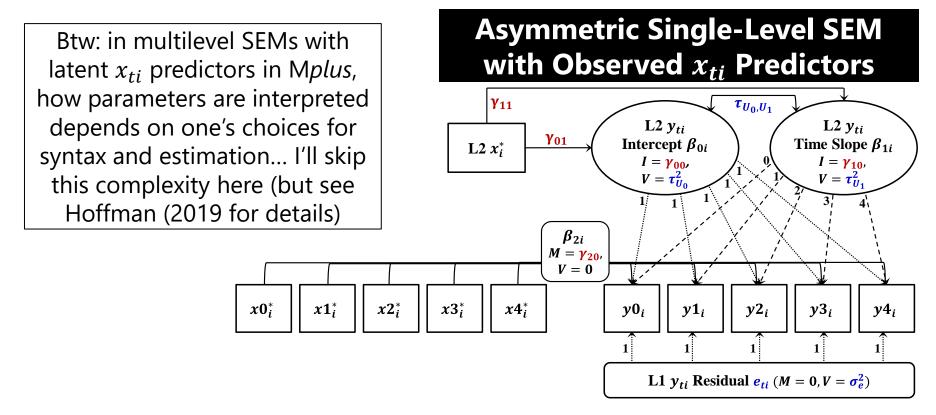


#### **Univ Results: A Partial Fix**

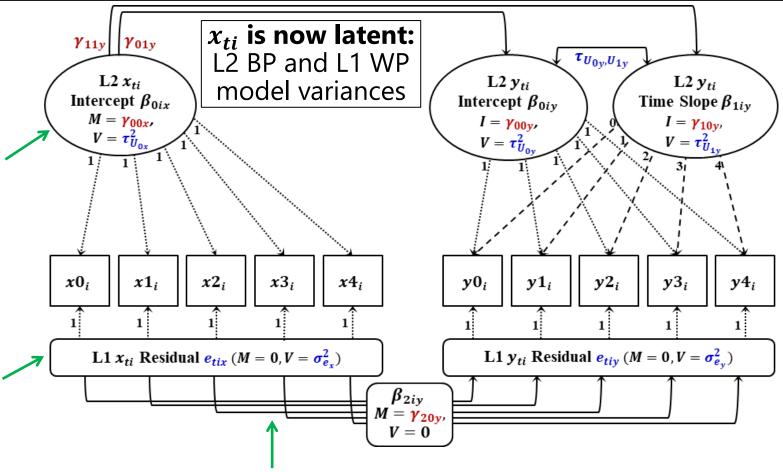


# Why the asymmetry of $x_{ti}$ and $y_{ti}$ ?

- Why is  $y_{ti}$  treated as latent (i.e., three sources of variance partitioned by the model; in circles) while  $x_{ti}$  is observed (variance partitioned by brute-force predictors; in squares)?
- Primary benefit of multivariate models is to treat  $x_{ti}$  like  $y_{ti}$  but still be able to include **fixed effects of**  $x_{ti}$  **that predict**  $y_{ti}$



# **Symmetric** Single-Level SEM



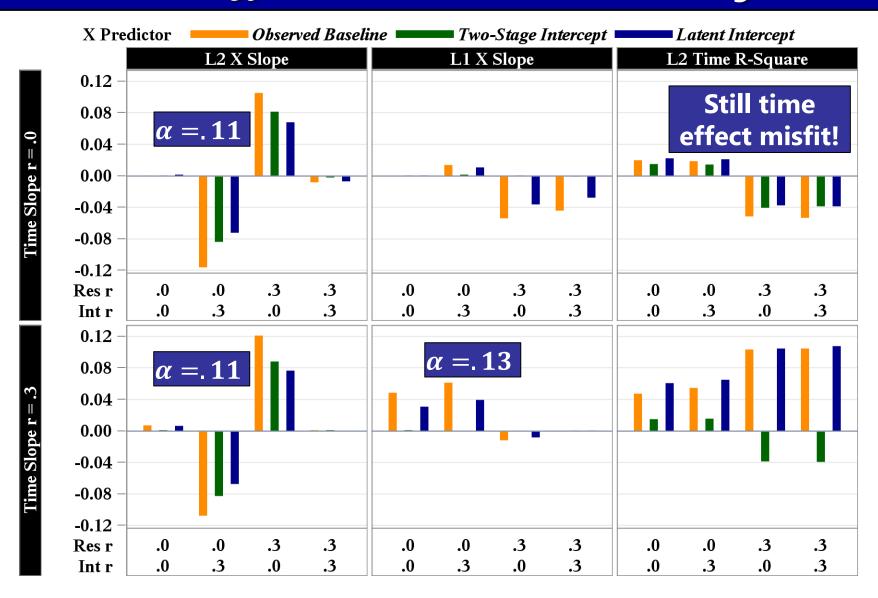
- This SEM uses "**Structured Residuals**": Level-1  $x_{ti}$  effect between the  $x_{ti}$  and  $y_{ti}$  residuals (instead of between the observed variables)
  - > Why? To get **level-2 BP effects** instead of level-2 *contextual* effects

# Same Symmetric Single-Level SEM as a "Truly" Multivariate MLM

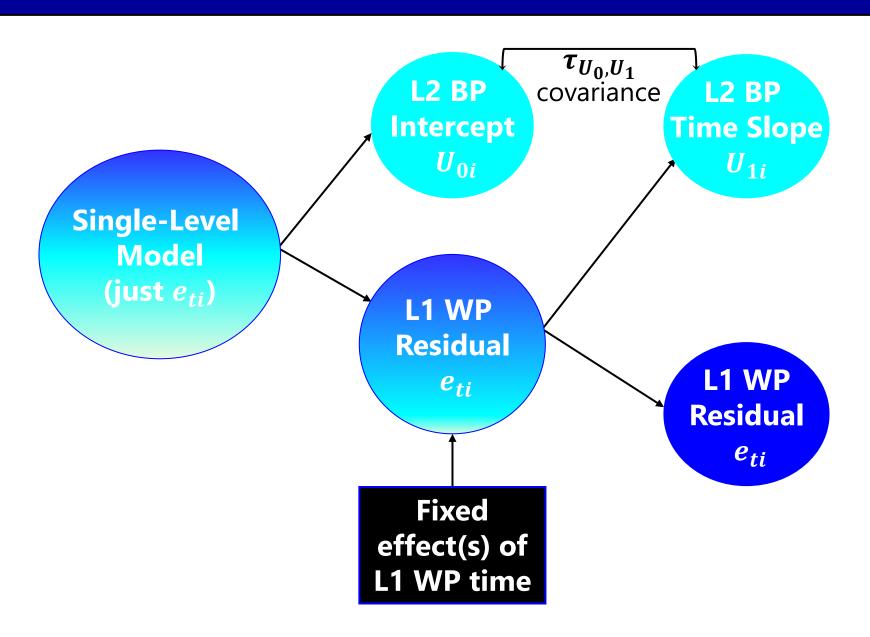
#### Fixed Effects of Intercept and Residual of Latent $x_{ti}$ Total: $x_{tix} = \beta_{0ix} + xw_{tix}$ w indicates a **L1** within variable $y_{tix} = \beta_{0iy} + yw_{tiy}$ **L1:** $xw_{tix} = e_{tix}$ $yw_{tiy} = \beta_{1iy}(Time_{tiy}) + \beta_{2iy}(xw_{tix}) + e_{tiy} \qquad \beta_{2iy} = \gamma_{20y}$ L2 Intercepts: $\beta_{0ix} = \gamma_{00x} + U_{0ix}$ $\beta_{0iy} = \gamma_{00y} + \gamma_{01y} |(\beta_{0ix})| + U_{0iy}$ L2 Time Slopes: $\beta_{1iy} = \gamma_{10y} + \gamma_{11y} (\beta_{0ix}) + U_{1iy}$

• So how does using **latent**  $x_{ti}$  **predictors** compare with **observed**  $x_{ti}$  **predictors** (baseline or two-stage intercept)?

#### Latent $x_{ti} \rightarrow$ Less Bias? Not yet...



#### The Source of the Problem



# A "Truly" Multivariate MLM with Random Time Slopes Predicting $x_{ti}$

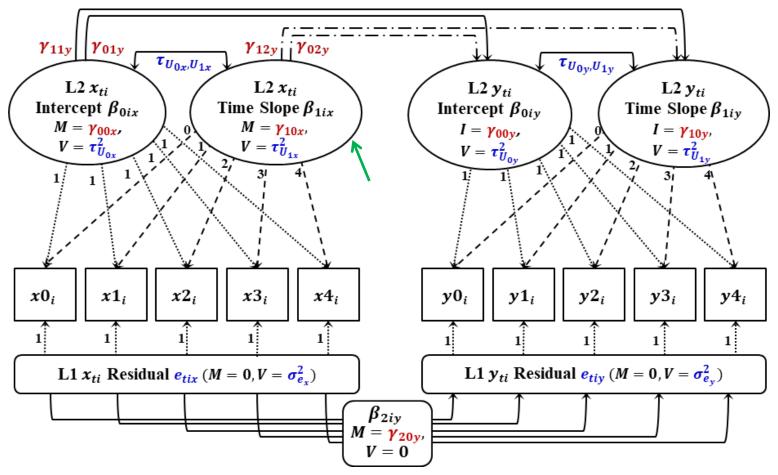
#### Fixed Effects of Intercept, Time Slope, and Residual of Latent $x_{ti}$

Total: 
$$x_{tix} = \beta_{0ix} + xw_{tix}$$
 w indicates a L1 within variable  $y_{tix} = \beta_{0iy} + yw_{tiy}$  L1:  $xw_{tix} = \beta_{1ix}(Time_{tix}) + e_{tix}$   $yw_{tiy} = \beta_{1iy}(Time_{tiy}) + \beta_{2iy}(xw_{tix}) + e_{tiy}$   $\beta_{2iy} = \gamma_{20y}$ 

L2 Intercepts: 
$$\beta_{0ix} = \gamma_{00x} + U_{0ix}$$
  
 $\beta_{0iy} = \gamma_{00y} + \gamma_{01y} (\beta_{0ix}) + \gamma_{02y} (\beta_{1ix}) + U_{0iy}$ 

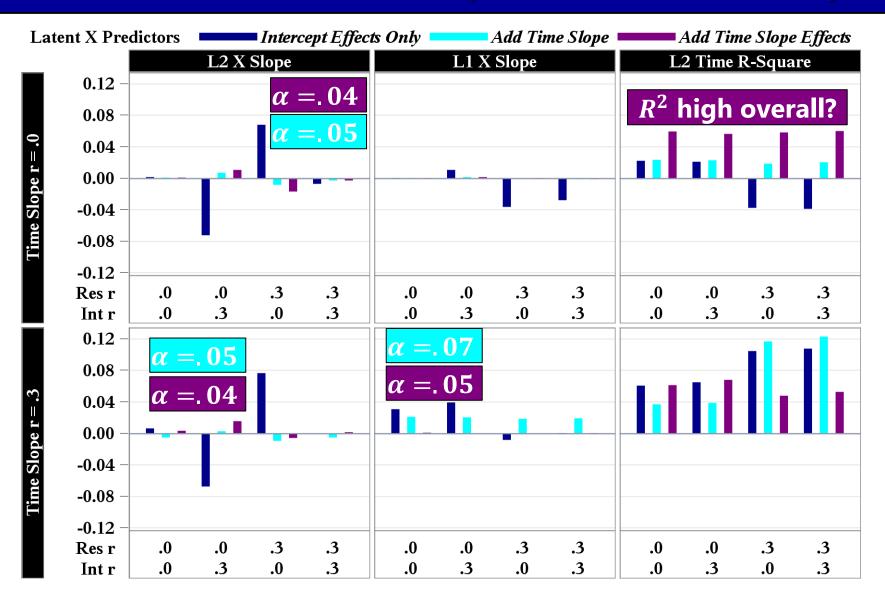
L2 Time Slopes: 
$$\beta_{1ix} = \gamma_{10y} + U_{1iy}$$
  
 $\beta_{1iy} = \gamma_{10y} + \gamma_{11y} (\beta_{0ix}) + \gamma_{12y} (\beta_{1ix}) + U_{1iy}$ 

# So Let $Time_{tix}$ Also Predict $x_{ti}$

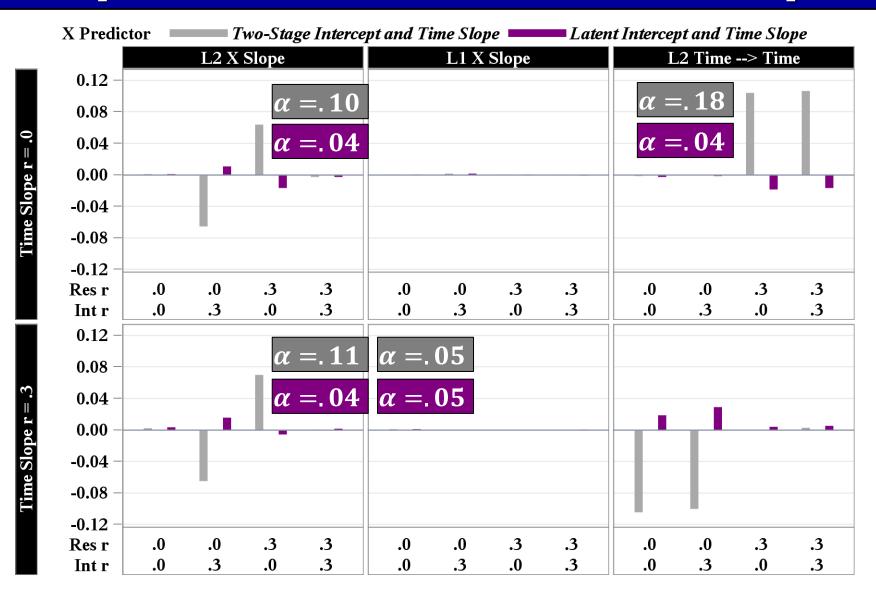


- L2 Intercept  $\beta_{0ix}$  is now specific to time = 0 (just like  $\beta_{0iy}$  has been)
- How well does this "multivariate latent growth curve model with structured residuals" recover the **3 types of relations of**  $x_{ti}$  with  $y_{ti}$ ?

#### Results: Better! (But Not Perfect)

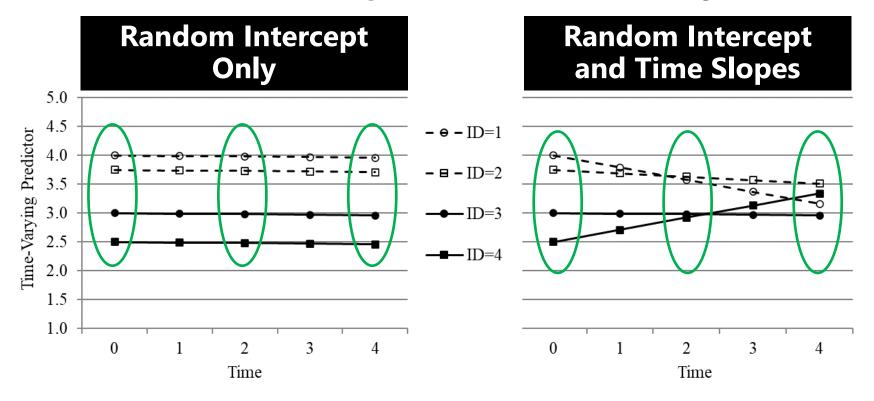


# Slopes-as-Outcomes? Still Nope.



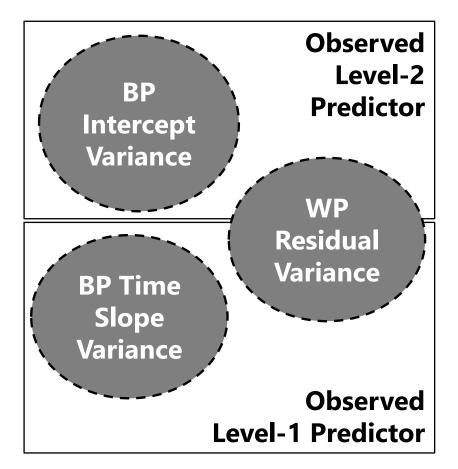
#### **Summary: Part 1**

- Ignoring relationships between the BP Time Slopes of longitudinal variables can contaminate their other relations:
  - Such as in the BP Intercept—because it must change over time!



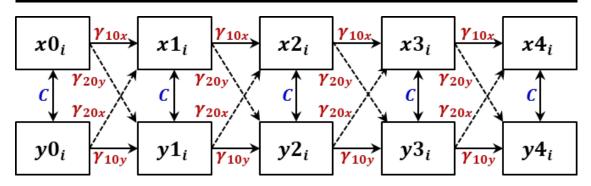
#### **Summary: Part 1**

- Ignoring relationships between the BP Time Slopes of longitudinal variables can contaminate their other relations:
  - If the WP Residual still contains the unmodeled BP time slope variance, the level-1 effect will be smushed with the missing L2 time slope effect! (bottom panel)
  - Different problem than more well-known result of intercept-smushed L1 effects (top panel)



#### **Smushed Effects in Other Models\***

# **Auto-Regressive Cross-Lag Panel Model (the "ARCL" or "CLPM")**



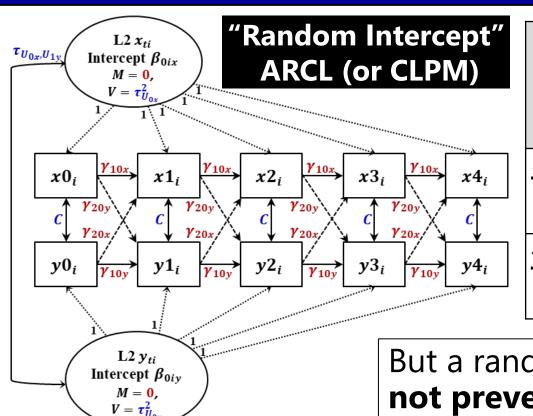
Path model with separate intercepts (and residual variances) per occasion, and lag-1 fixed effects:

$$x_{tix} = \gamma_{t0x} + \gamma_{10x}(x_{t-1i}) + \gamma_{20x}(y_{t-1i}) + e_{tix}$$

$$y_{tiy} = \gamma_{t0y} + \gamma_{10y}(y_{t-1i}) + \gamma_{20y}(x_{t-1i}) + e_{tiy}$$

- ARCL model interpretation is problematic (at best):
  - > Do the  $\gamma_{10}$  within-variable **AR paths** really "control for time"?
  - > Which type of relationship is given by the  $\gamma_{20}$  cross-lag paths?
  - > Which type of relationship is the **same-occasion** *C* **covariance**?
- \* Same problems apply to mediation variants  $(X \rightarrow M \rightarrow Y)$

#### Remedies for Intercept Smushing



Several authors have pointed out the need to distinguish constant BP effects from WP effects via:

$$\begin{aligned} x_{tix} &= \gamma_{t0x} + \gamma_{10x}(x_{t-1i}) \\ &+ \gamma_{20x}(y_{t-1i}) + \boxed{U_{0ix}} + e_{tix} \end{aligned}$$

$$y_{tiy} = \gamma_{t0y} + \gamma_{10y}(y_{t-1i}) + \gamma_{20y}(x_{t-1i}) + U_{0iy} + e_{tiy}$$

But a random intercept alone will **not prevent time-smushing**...

Do the within-variable AR paths protect against time smushing?

Let's find out!

#### Simulation: ARCL Model for $x_{ti}$

#### Full Model: L2 Latent Intercept and Time Slope Effects, L1 Within-Variable AR Paths, and L1 Cross-Lag Paths

Total: 
$$x_{tix} = \beta_{0ix} + xw_{tix}$$
  
 $y_{tix} = \beta_{0iy} + yw_{tiy}$  w indicates a L1 within variable

**L1:** 
$$xw_{tix} = \gamma_{10x}(x_{t-1i}) + \gamma_{20x}(y_{t-1i}) + \beta_{3ix}(Time_{tix}) + e_{tix}$$
  
 $yw_{tiy} = \gamma_{10y}(y_{t-1i}) + \gamma_{20y}(x_{t-1i}) + \beta_{3iy}(Time_{tiy}) + e_{tiy}$ 

L2 Intercepts: 
$$\beta_{0ix} = \gamma_{00x} + U_{0ix} \beta_{0iy} = \gamma_{00y} + \gamma_{01y}(\beta_{0ix}) + U_{0iy}$$
 Intercept

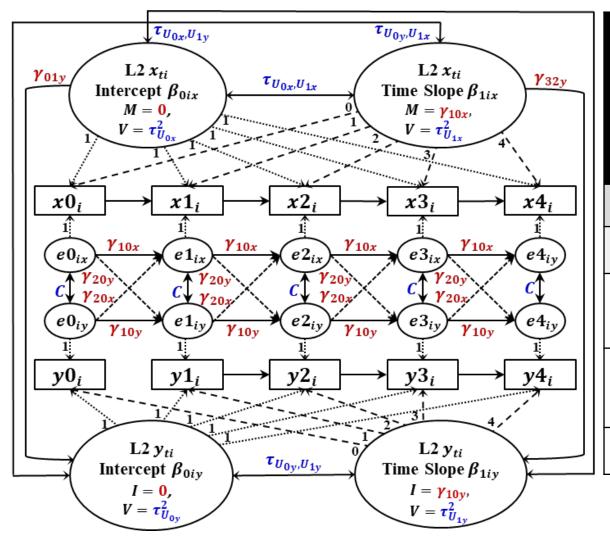
Intercept →

L2 Time Slopes: 
$$\beta_{3ix} = \gamma_{30y} + U_{3iy}$$
 Time slope  $\beta_{3iy} = \gamma_{30y} + \gamma_{32y} (\beta_{1ix}) + U_{3iy}$  Time slope

Time slope →

- All L1 AR paths and cross-lag paths had pop values = 0
- Also estimated (but with Pop=0): all L2 Intercept—Time slope covariances; all L1 lag-0 residual covariances (equal over time)

# Comparison ARCL Models for $x_{ti}$



← Full Model:
L2 Latent Intercept\*
and Time Slope Effects,
L1 AR Paths, and
L1 Cross-Lag Paths\*

**Drop Time Slope effect** 

**Drop Time Slope, too** 

**Drop Time Slope effect; drop L1 AR paths** 

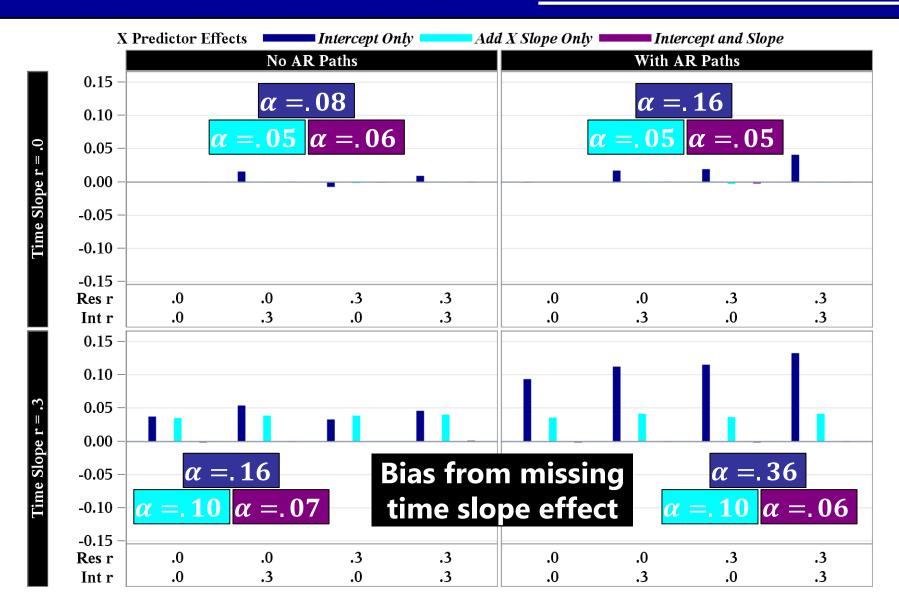
**Drop Time Slope, too; drop L1 AR paths** 

<sup>\*</sup> Always modeled

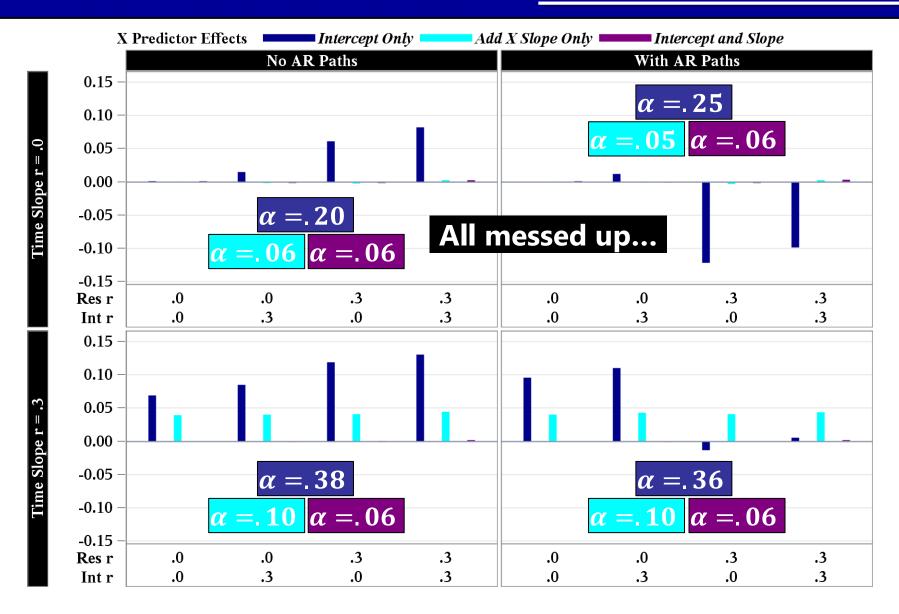
#### **ARCL** Results: Bias in L1 AR Paths



#### **ARCL Results: Bias in L1 X** → **Y Paths**



#### **ARCL** Results: Bias in L1 Y → X Paths



#### **Summary: Part 2**

- Ignoring relationships between the BP Time Slopes of longitudinal variables can contaminate ARCL relations:
  - For the L1 AR path for the predictor with the unmodeled time slope—because it's trying (unsuccessfully) to account for the nonconstant L1 residual correlation over time!
  - For the L1 cross-lag paths—which try to compensate for the missing L1 residual path (that was a covariance instead), the missing L2 time slope effect, and any biased L1 AR paths
  - > Modification indices will never get to the real problem...
  - The Point: WP questions of "which came first" cannot be answered reliably until BP model is properly specified

- BP time-slope smushing is a potential problem in longitudinal studies over ANY TIME SCALE!
  - > "Time" is more obvious predictor of long-term development
  - > "Time" is less obvious predictor of **short-term WP fluctuation**
- e.g., L1 days within L2 persons
  - > L1 Time = **day of study** for reactivity to measurement?
  - > L1 Time = **day of week** for work or family routines?
- e.g., L1 occasions during the day (in L2 days in L3 persons)
  - > L1 Time = **time since waking** for circadian rhythms?
  - > L1 Time = **time at work** for functional rhythms?
  - > Still need to consider L2 time (day of study, day of week...)

- Treat time-varying "predictors" and "outcomes" the same by starting with univariate models for each to explore *time*:
  - > Consider design-informed **fixed effects** of time at ALL relevant levels
  - Consider corresponding random effects of time at ALL upper levels
  - > Consider remaining **residual relations** (e.g., of adjacent occasions)
- Any predictor with a random time slope needs to be treated as another outcome in a multivariate model
  - ▶ i.e., as latent predictor → model-based partitioning of variances
- Predictors with fixed effects of time only?
  - Time is controlled for—if you include those effects in outcome model
  - > Do have choice of using **observed or latent predictor variables...**

#### Using <u>latent</u> instead of <u>observed</u> predictors means:

- ➤ Smaller level-2 samples and smaller ICCs → noisier results
- ➤ SEM: No REML estimation and no denominator DF options
   → too small L2 variances and associated fixed effect SEs
- > Interactions of latent variables -> greater estimation complexity
- ➤ Non-normal level-1 variables → greater estimation complexity
- Can Bayes fix it? The jury is still out...
  - > If your priors know the right answer, sure!
  - If your variance priors are "too diffuse", bad news!
  - > Point estimates for variances: apples and oranges?
  - Useful as alternative to ML given 1 estimation complexity

- But using <u>observed</u> instead of <u>latent</u> predictors means:
  - > **Ignoring BP differences in unreliability** (i.e., caused by differing numbers of occasions or differential WP variance)
  - ➤ Result is "Lüdke's bias" → too-small level-2 effects (for intercept)
- Can two-stage approaches get around this? Not likely\*
  - "Slopes-as-outcomes" cannot be recommended for anything other than time-detrending residuals (but why do just that?)
    - Saved intercepts and time slopes did not provide accurate results here
    - \* Corrections for unreliability may have more promise...
- Choosing a software option for **latent predictors** in multivariate MLMs: **Single-level or multilevel SEM...**

# Single-Level vs. Multilevel SEM for Fitting Multivariate MLMs

#### Single-level SEM is designed for balanced occasions:

- > All persons share **common measurement schedule** (or close enough)
- Absolute fit tests are possible given saturated model covariance matrix
- Availability of random WP non-time slopes varies by software
- Structured residuals can create level-2 BP effects only in some cases

#### Multilevel SEM is more flexible for unbalanced occasions:

- Much more realistic, especially for studying short-term fluctuations
- But no absolute fit tests are possible without saturated model!
- Btw, "dynamic" multilevel SEM (in Mplus terms) just adds options for fitting lagged effects of latent predictors (across rows) with missing data
- > Pay attention to centering methods, especially given random slopes!
  - See Hoffman (2019): EXACT SAME SYNTAX gives different level-2 parameters when estimated using ML vs Bayes in Mplus 8.0+!
  - This can lead to inadvertent smushing of all kinds using ML... be careful!

# Thank you! Suggested Readings:

- Berry, D., & Willoughby, M. (2017). On the practical interpretability of cross-lagged panel models: Rethinking a developmental workhorse. *Child Development*, 88(4), 1186-1206.
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- De Haan-Rietdijk, S., Kuppens, P., & Hamaker, E. L. (2016). What's in a day? A guide to decomposing the variance in intensive longitudinal data. *Frontiers in Psychology: Quantitative Psychology and Measurement*, 7, Article 891: https://doi.org/10.3389/fpsyg.2016.00891
- Hoffman, L. (2015). Longitudinal analysis: Modeling within-person fluctuation and change. New York, NY: Routledge Academic.
- Hoffman, L. (2019). On the interpretation of parameters in multivariate multilevel models across different combinations of model specification and estimation. *Advances in Methods and Practices in Psychological Science*, 2(3), 288-311.
- Lüdtke, O., Marsh, H. W., Robitzsch, A., Trautwein, U., Asparouhov, T., & Muthén, B. (2008). The multilevel latent covariate model: A new, more reliable approach to group-level effects in contextual studies. *Psychological Methods*, *13*(3), 203-229.
- McNeish, D., & Hamaker, E. L. (in press). A primer on two-level dynamic structural equation models for Intensive Longitudinal Data in Mplus. *Psychological Methods*.